



Year in Review FY 17-18

Mission and Vision:

Charlottesville area organizations recognize that trauma impacts the lives and wellbeing of our community members. Across the country, trauma-informed care is being recognized as a necessary component to healing and recovery for children, families and larger systems. According to the Substance Abuse and Mental Health Services Administration (SAMSHA), emerging research has documented the relationships among exposure to traumatic events, impaired neurodevelopmental and immune systems responses and subsequent health risk behaviors resulting in chronic physical or behavioral health disorders. Research has also indicated that with appropriate supports and intervention, people can overcome traumatic experiences.*

Therefore, community members and organizations in the Greater Charlottesville area have come together with the following mission: to improve trauma-informed care by educating professionals and the community on the impacts of trauma and by advocating for trauma-informed systems of care.

TICN Engagement:

Over 400 people representing over 70 agencies attended Network meetings this year.

Steering Committee Members: The Network was developed and guided throughout this year by the following steering committee members. Alicia Lenahan (Piedmont CASA), Shannon Noe (ReadyKids), Elizabeth Irvin (The Women's Initiative), Cathee Johnson Phillips (Foothills CAC), Jenny Jones (CDSS), Mary Stebbins (ACDSS), Becky Weybright (SARA), Rosa Atkins (City Schools), Juliana Weaver (JACHiP), Brad Wentz (People Places), Cartie Lominack (SHE), Gloria Rockhold (Albemarle Schools), and Sara Robinson (Region Ten)

Accomplishments:

- Secured FACT (Family and Children's Trust Fund) grant to fund the majority of the Trauma Informed Leadership Team program which will launch in July 2018 and be a two year process
- Provided training to over 800 community members through two trainings with Dr. Allison Jackson
 - November 28, 2017- "Trauma and You" at the Paramount
 - May 7, 2018- "Five Domains Interactive Workshop" at the Doubletree
- Established a subcommittee for training and communications
- Developed and conducted a survey that assessed the status of trauma-informed care in our community; more than 200 people from 26 organizations completed the survey, which provided a baseline for evaluating our future progress

Guests invited to TICN Meetings this year:

- Elizabeth Irvin- Executive Director of [The Women's Initiative](#) facilitated a discussion about our community's response following the violence that occurred on August 11th and 12th
- Pat Cuomo- Principal of Greenbrier Elementary School shared an update about the pilot program for Social Emotional Academic Learning (SEAL) Classrooms.
- Athena Gould- Executive Director of [Big Brothers Big Sisters](#) shared information about the [#DearYoungPerson](#) campaign that was created following the August 11th and 12th violence in our community
- Charlene Green- City of Charlottesville Office of Human Rights provided a training on the history of race in Charlottesville and the corresponding historical trauma.
- Dr. Dewey Cornel, UVA Curry School and a panel of experts discussed *Trauma in the Context of School Violence*. The conversation was facilitated by Dr. Rosa Atkins, Superintendent of Charlottesville Schools and included Pat Cuomo (Greenbrier Elementary School), Emily Schorpp (Region Ten), and Stephanie Carter (Lugo-McGinness Academy).
- Carolyn Schuyler- Executive Director of [WildRock](#) shared the research about how nature can be utilized both in intervention with survivors as well as self-care for helping professionals. She gave the group concrete suggestions and projects that can easily be incorporated into personal and professional practices.

TICN goals for FY 18-19:

- Formalize the TICN organizational structure
- Support greater awareness in the community about trauma/ACES through the Train the Trainer (TTT) initiative in partnership with Allison Jackson
- Launch the Trauma Informed Leadership Team (TILT) to incorporate trauma informed responses and practices into four community systems/organizations with training and technical assistance provided by Allison Jackson
- Continue to host or co-host high quality, relevant training throughout the year
- Host screenings of *Paper Tigers* and *Resilience*
- Establish and maintain a TICN website and communication portal
- Recruit more TICN members with a focus on underrepresented disciplines: medical community, police, etc.
- Utilize an intern from VCU to manage various network projects
- Prepare a coordinated response to community violence to be used in the future if needed